

THE CUPBOARD OF FEAR

STORY & PICTURES BY STEWART BELL

The story of a young boy who learns to overcome his nightmares and take control of his dreams.

(Includes an easy to use guide on how to have your own lucid dreams)



A CITIZEN CAIN BOOK
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First published by Lulu 2014

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Printed in the UK

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When I was a boy I was afraid of the dark.

Most of the time it didn't cross my mind,
but I could be sure that if I had to venture
out from the safety of the living room at night
my older brother would be there to remind me.

"Hey!" he'd say,



"Watch out for the Bogeyman."



You see I was convinced that something was lurking in the dark. Especially in the darkness inside the cupboard at the bottom of the stairs.



I was sure that I had seen strange, unexplained movements in the shadows behind that ominous door. So, as always I made my way upstairs as fast as I possibly could.



On this particular night it was my turn to get the pyjamas so I ran into the bedroom, grabbed them and raced back down the stairs as quickly as I could.

As I reached the last step I froze on the spot...

Through the **black** gap of the door ajar came a huge, clawed hand slowly pushing its way out and, as it emerged, a voice boomed,

"Yum yum. Here I come!!"